

SHOREI-RYU TERMINOLOGY

AGE	RISE
BUJI	HEAR, SEE ATTACK BEFORE HAND
CHI-KARA	STRENGTH
DASHE TE	FASTER
EYA	NO
HAJIME	START
HI	YES
HIDARI	LEFT
HINERI	TWIST
HIZA MAZUKU REI	KNEELING BOW
IBUKI	BREATH CONTROL (LOUD-HARD)
KAETTE	TURN AROUND
KAMI	SPIRIT
KIME	FOCUS
KIOTUKE	ATTENTION
KONICHIWA	GREETINGS
MATE	WAIT
MAWATTE	TO TURN OR PIVOT
MIGI	RIGHT
MOKUSO	MEDITATE (CLOSED EYES)
MOKUSO YAME	OPEN EYES
MUSHIN	NO MINDNESS
NAORE	AT EASE
NAGORE	BREATH CONTROL (SOFT-QUIET)
NAOTTE	TO GO BACK AS YOU WERE
NIN-SO	FACE READING
OKURI	PULL BACK
OMOU	THINK
O REI	MAJOR BOW (EYES DOWN)
O TAGAI NI REI	BOW TO EACH OTHER
REI	BOW
REN SHU	PRACTICE
RIT SU REI	STANDING BOW
SIAKA TANDEN	LOWER ABDOMEN
SEITO	STUDENT
SEIZA	SIT DOWN IN A KNEELING POSITION
SEMPAI	SENIOR STUDENT (UNDER DAN)
SENSEI NI TASHITE REI	BOW TOWARDS INSTRUCTOR
SHIHAN NI TASHITE OREI	BOW TO MASTER
SHITA	DOWN
SHOMENI TASHITE REI	BOW TO THE FRONT
SONO MAMA	DO NOT MOVE
SU WARU	SIT DOWN
SU WARU REI	SITTING DOWN BOW
TOMA RU	STOP OR WAIT
UDE TATE	PUSHUP
UYE	UP
YAME	STOP
YOI	GOOD, STAND BY
YOKA SEI	BEGINNER
YOSHI	CONTINUE, GO ON
ZA REI	KNEELING BOW

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